



ASPEN

VALLEY SKI & SNOWBOARD CLUB

2020-21 U14 Parent Meeting Agenda

Staff Introductions:

Mark Godomsky – Executive Director
Johno McBride – Alpine Director
Audrey Sherry Gunshor – Academic Director
Erin Young – Athletic Trainer
Eric Colon – Lead U14 Coach
Mike Tache – U14 Coach
Sean Thomas – U14 Coach
Greyson Cromer – U14 Coach

Athlete Manuals: <https://www.teamavsc.org/Handbooks-and-Parent-Meeting-Agendas>

Staff Education:

- USSA Coaches Education
- NCSI Annual Background Check
- CDC Concussion Training
- SafeSport Training

Schedules:

- **Weekly Emails-** You will receive a weekly email every Friday with the schedule for the upcoming week.
- **Calendar-** <https://www.teamavsc.org/17454>
- **WhatsApp:** Please send me phone numbers for all who wish to receive communications.

Equipment: Please come talk to us individually if you have any questions. Back protectors are highly recommended.

Afterschool Training:

- Tuesday, Wednesday, Friday from 1:00-2:30PM and 3:00-4:30PM.

Weekend Training:

- Saturday and Sunday from 9:00-11:30AM and 12:30-3:00PM.

AVSC Athlete Passes:

- Cost: \$209
- Deadline: Friday 11/13
- Blackout Times: 12/26-1/2 9-11:00AM; 2/13-2/14 9-11:00AM

Tuning/ Wax Order and Clinic: TBA.

Concussions:

<https://www.cdc.gov/headsup/youthsports/index.html>

Races:

Please know that you do not need to attend all the races on the calendar; please talk to the coaches to determine what races you should attend based on your goals for the season.

Roaring Fork Series:

Race series designed to fulfill head to head racing needs at a local level, introduce new athletes to racing and minimizing travel costs. Open to all AVSC, Sunlight and Powderhorn racers up the age of 13. No license necessary.

- TBA

Age Class Opens:

US Ski and Snowboard and Rocky Mountain Division sanctioned events. Racers will need both a USSA and RMD license.

- **Will serve as U14 Championship Qualifiers for the 2020-21 season.**
- Jan 11-12 – Age Class Open GS/SL – TBA
- Jan 25-26 – Age Class Open GS – TBA
- Feb 22-23 – Age Class Open SL - TBA

Sync Race Series:

- U14s have the option to ski for USSA points.
- Dates and Locations TBA
- 1st place in ACO, U14 or Southern Series to race in next Sync Elite Series race.
- 2nd or 3rd in ACO, U14 or Southern Series to race in next Sync Devo Series race.

Breckenridge SG Championship Qualifiers:

- Feb 8-11

U14/U16 Council Cup:

- March 1-4
- Ski Cooper - Leadville, CO
- SG, GS & SL

U14 Junior Championships:

- March 9-11
- Vail, CO
- SG, GS & SL

End of Season Races:

- April 1-2 – GS Spectacular – Vail
- April 15-16 – Loveland Derby – Loveland Valley

USSA License: U14 Alpine Competitor license is needed to race in any USSA sanctioned race. Early price renewal deadline is November 1. Includes all Age Class Opens, U14 Qualifiers/Championships and Sync Races. **Not needed for Roaring Fork Series Races.**

- <https://my.ussa.org/>

Race entries are done online at <https://my.ussa.org/>. We will send out race notifications ahead of time, but registration is up to you. For Roaring Fork Series races, AVSC athletes will be registered automatically.

Volunteer Opportunities:

- Parent Work Deposit
- Look for emails about volunteer opportunities

