

ASPEN VALLEY SKI & SNOWBOARD CLUB

TEAM PROGRAM GUIDE



HONORING THE PAST, DEFINING THE FUTURE

EARLY BIRD TEAM REG. DEADLINE

SEPTEMBER 1, 2016

TEAM SCHOLARSHIP DEADLINE

SEPTEMBER 1, 2016

EARLY BIRD DEVO REG. DEADLINE

SEPTEMBER 30, 2016

DEVO SCHOLARSHIP DEADLINE

SEPTEMBER 30, 2016

EARLY BIRD SKI PASS DEADLINE

NOVEMBER 11, 2016

AVSC Team Programs engage and challenge athletes to improve themselves in the areas of fitness, technique, tactics and results. Devo and Team programs help athletes set and achieve both athletic and personal goals. Preseason dryland training may be included. Regardless of the program, AVSC's experienced coaching staff stands ready to help aspiring athletes have fun and realize their dreams while instilling our core values of teamwork commitment and integrity. Athletes must meet minimum participation requirements to remain on the team. Season passes and competition costs are not included in the program prices.

WELCOME | AVSC EXECUTIVE DIRECTOR

Welcome back to another exciting year at the Aspen Valley Ski and Snowboard Club as we celebrate our 80th year by "honoring the past and defining the future." As the new Executive Director, I would like you all to know how thrilled I am with the opportunity and challenge to lead this organization. AVSC is recognized across the country as one of the "Best" and it is my goal to continue to build on this great tradition. You can rest assured I will continue to honor the Club's mission, "to provide all youth in the greater Roaring Fork Valley the opportunity to excel as athletes and as people through winter sports." My wife Heidi, three boys Max (14), Ben (12), Nick (11) and I are excited to become part of this great community and meet all the people who make AVSC unique. I would like to thank outgoing Executive Director, Mark Cole for his outstanding leadership of AVSC over the past 15 years. Mark's integrity, character, and passion for youth has served the club well. We wish Mark the best.

AVSC has a long history of providing access to alpine, freestyle/freeride, nordic, snowboarding, and adaptive winter sports. We are proud the athletes in our club range from first-time skiers/riders to National Team members, X Game participants, and Olympians. AVSC programs focus on developing skiing/riding fundamentals in a safe, caring environment to help children grow as individuals and athletes while teaching our core values of commitment, teamwork, and integrity. I have been impressed with the Club's support of the Cradle to Career initiative and value the positive impact our AVSC coaching staff and Aspen Skiing Company pros have on helping children develop the social and life assets required for success and happiness.

I have been equally impressed by AVSC's fundraising goals and mission to keep programs affordable and accessible to all of the Roaring Fork Valley's children. Diversity is essential in building a strong team and an even stronger community. Financial aid exceeds \$1M each year: every program receives a subsidy, and one in every three team members are on scholarship. I urge you to support our "Child in Need" initiative. All gifts make a difference and together we can ensure that no child gets turned away.

All of us at AVSC look forward to working with your children this season. Please feel free to reach out to any of the staff with questions, concerns, and insights as they arise. We hope you will join us at the many events we will hold throughout the season.

Sincerely,

Mark Godomsky

MISSION

The mission of the Aspen Valley Ski and Snowboard Club is to provide all youth of the greater Roaring Fork Valley the opportunity to excel as athletes and as people through winter sports.

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SCHOLARSHIPS

Scholarships are available for all Team programs based on need. Applications can be found online at teamavsc.org, at the Clubhouse, or by calling the AVSC Administration Manager at 205.5101. Completed Team Scholarship applications are due on or before Sept. 1, 2016. Completed Devo Scholarship applications (including Alpine U12 Comp) are due on or before Sept. 30, 2016.

GENERAL | TEAM PROGRAM INFORMATION

AVSC COST	AVSC subsidizes each of our programs to make access to programs affordable. We encourage our parents to pay the actual cost, called the “AVSC Cost” if you are able. The difference between our pricing and the full cost will be recognized as a tax-deductible contribution to the Club.
ASPEN SKIING COMPANY SKI PASSES	Ski passes are not included with program fees. Athletes must be enrolled as participants in an AVSC program before buying a pass. Once registered, AVSC will issue a printed voucher to purchase a discounted Aspen Skiing Company ski pass. For online sign up's, your AVSC email confirmation is your pass voucher. Bring the voucher and your child to any open Aspen Skiing Company ticket office beginning in August to complete your pass purchase.
WORK DEPOSITS	Parent Work Deposits are part of all Team programs and must be paid at the time of registration. Parents who volunteer with AVSC are reimbursed up to 75% of the deposit at a rate of \$15/hour. All hours will be tracked by the parent volunteer and confirmed by a Team coach. Completed forms should be turned into the AVSC Administration Manager before Apr. 30, 2017. Tracking forms are available at the Clubhouse. Families are encouraged to consider donating work deposit refunds to AVSC for a “Child in Need.”
FEE PAYMENT & PAYMENT PLANS	Team program fees must be paid in full before the first day of training, or a payment plan must be established. Payment plans can be arranged by emailing AVSC Accounts Receivable Bookkeeper, Emma Lande at elande@teamavsc.org . Outstanding balances from prior seasons must be paid in full before family members will be allowed to enroll for the 2016-17 season. A \$25 processing fee will be applied to all payment plans of up to \$1,000; a \$50 processing fee will be applied to all plans of \$1,000 or more.
ATHLETE ACCOUNTS	All AVSC Team participants are required to have a signed athlete account form with a credit or debit card on file - no exceptions. Travel charges are due 2 weeks after notification. If payment is not received the card on file will automatically be charged.
DECLINED CHARGES	A \$25 fee will be assessed for any credit or debit card transaction which is declined on a payment plan installment or an athlete travel account. Your child's participation will be suspended until payment arrangements are made.
ACADEMIC EXPECTATIONS	All student-athletes must maintain at least a C average in each of their classes to be able to miss school for training, travel or competition. Athletes are expected to fulfill all requirements outlined by their teachers for work missed and attend all study halls designated by AVSC staff members.
MID-SEASON ENROLLMENT FOR TEAM PROGRAMS	Athletes may be allowed to enroll in Team programs after the program start date with the permission of the Program Director. Program Fees will be determined based on the following: Before Jan. 1 - Full Price, Between Jan. 1 and Feb. 1 - 25% discount, After Feb. 1 - 50% discount.
REFUND POLICY	100% refunds are permitted before the program start date. Once a program begins, refunds are only available for documented medical reasons or family relocation. Refunds are determined by the following: Before Jan. 1 - 50%, Between Jan. 1 and Feb. 1 - 25%, After Feb. 1 - No Refund. Any season pass discounted through enrollment in AVSC will be voided upon withdrawal.
PARTICIPATION	AVSC reserves the right to expel athletes who do not live up to participant expectations, cause disruptions or create an atmosphere that is not conducive to learning. Program fees will not be refunded.

AVSC | EVENTS

EVENT	EVENT DESCRIPTION	DATE	TIME	LOCATION
AVSC Open House	Join us for the AVSC 80th Anniversary kick-off event. AVSC invites all families, alumni, and supporters to come and see the upgrades to the Clubhouse, the Hildebrand Training Center (a.k.a. - Sideyard Project) and to meet our new Executive Director, Mark Godomsky. Light snacks and beverages served.	09.22.16	5pm-8pm	AVSC Clubhouse - 300 AVSC Drive Aspen, CO 81611
AVSC Sports Swap - “Bebob and Swap”	AVSC invites you to come and enjoy the best deals of the season. Sports equipment will be bought and sold to benefit AVSC programs. There will be live music, a KSPN DJ and area businesses participating with street vending. Please contact Susan Muenchen for information about selling your gear: smuenchen@teamavsc.org	10.16.16	10am-2pm	Willits Town Center - 721 East Valley Road, Basalt, CO 81621
AVSC Hall of Fame & 80th anniversary celebration	AVSC invites the community to share in our celebration of 80 years of service. We will induct this year's honorees into the AVSC Hall of Fame. Join us for an evening of stories, music, food and beverage. Please contact Susan Muenchen for information about tickets: smuenchen@teamavsc.org	02.18.17	6pm-10pm	T Lazy 7 lodge - 3129 Maroon Creek Rd. Aspen, CO 81611
AVSC Ski Day	All AVSC families, athletes, alumni, and supporters are welcome to attend and participate in games, lunch and more! Ski, ride or shuttle (from Buttermilk parking lot) over to West Buttermilk base for a day of AVSC fun on the hill - where we are the happiest.	03.11.17	11am-2pm	West Buttermilk Base Area. AVSC will have shuttles from the West Buttermilk Parking lot - or ski/ride down to the bottom of the West Buttermilk Express chair lift.



AVSC | COACH & STAFF CONTACT LIST


TITLE	NAME	PHONE NUMBER	EMAIL
Alpine Team Manager	Alice Black	970.205.5120	ablack@teamavsc.org
Development Director	Barbara Frank	970.205.5102	bfrank@teamavsc.org
Executive Director	Mark Godomsky	970.205.5103	mgodomsky@teamavsc.org
Freestyle/Freeride Program Director	Eric Knight	970.205.5130	eknight@teamavsc.org
Alpine Program Director	Johno McBride	970.205.5113	jmcbride@teamavsc.org
Finance Director	Kathy McGowan	970.205.5109	avscaccounting@teamavsc.org
Adaptive Program Director	Jonathan Mika	970.429.8324	jmika@teamavsc.org
Special Events Director	Susan Muenchen	970.205.5107	smuenchen@teamavsc.org
Stapleton Training Center Venue Manager	Cody Oates	970.618.2338	coates@teamavsc.org
Administration Manager	Kiki Peisach	970.205.5101	kpeisach@teamavsc.org
Base Camp Director	Trish Shepard	970.205.5160	tshepard@teamavsc.org
Nordic Program Director	Maria Stuber	970.205.5140	mstuber@teamavsc.org
Snowboard Program Director	Miah Wheeler	970.205.5150	mwheeler@teamavsc.org
Communications Manager	Jennifer Wright	970.205.5159	jwright@teamavsc.org



DID YOU KNOW: IN 1937 SWISS MOUNTAINEER ANDRE ROCH SPENT THE WINTER TEACHING LOCAL KIDS TO SKI AND, ALONG WITH TOWNSPEOPLE INCLUDING BROTHERS FRANK AND FRED WILLOUGH-BY, FORMED ROARING FORK WINTER SPORTS CLUB.

AVSC ALPINE

AVSC Alpine has a broad range of programs from weekend only to 6 days per week. Regardless of commitment level, we engage and challenge our athletes. Our goals are to push technical and tactical abilities and to teach the values of a team while providing an enjoyable experience. Program fees do not include season passes, competition travel costs, or cost for USSA and FIS registration. For more information, contact Alpine Program Director, Johnno McBride at 205-5113 or jmcbride@teamavsc.org.



ALPINE | COMPETITIVE PROGRAMS

[ATHLETES MUST BE ABLE TO RIDE LIFTS ALONE AND BE RESPONSBLE FOR MEETING COACHES INDEPENDENTLY AT DESIGNATED TIME]

PROGRAM	AGE	DESCRIPTION	TRAINING	REGISTRATION	PARENT WORK DEPOSIT
Pre-Devo: Local Comps [Weekend]	Ages 6 [First Grade] to 9 *Must be Level 7 skier or higher	This program is a bridge between Base Camp and our Alpine or Freestyle programs. It features safety, all mountain skiing, basic freestyle fundamentals and an introduction to racing. Alpine collaborates with Freestyle to offer a well-Trounded experience for young skiers. Skiers are encouraged to enter 2-3 fun-focused local competitions at no additional cost. *1st year Pre-Devo athletes will have a skill evaluation day before the first day.	Sat. & Sun [Varies]: Dec. 3, 10, 17, 18, Jan. 7, 8, 14, 21, 22, Feb. 4, 5, 11, 12, 18, 25, 26 Mar. 4 & 5	On or before Sept. 30: \$1,125 After Sept. 30: \$1,250 AVSC Cost: \$1,575	Plus \$100 Parent Work Deposit
U10: Local Comps [Weekend]	Ages 8-9 [Born 2007-2008] *Must be a Level 7 skier or higher	This program has a curriculum similar to the U12 Weekend and Comp teams. It includes all-around skill building through skiing moguls, powder, steeps and some Slalom and Giant Slalom gates. Three local Roaring Fork Valley races are included.	Dryland Training: Nov. 1–17 – Tues. and Thurs. 3:30 to 5 PM On-Snow Training [Weekends]: Dec. 3 to Mar. 12 - 9AM to 3PM	On or before Sept. 30: \$2,060 After Sept. 30: \$2,275 AVSC Cost: \$2,875	Plus \$275 Parent Work Deposit
U12: Local Comps [Weekend]	Ages 10-11 [Born 2005-2006] *Must be a Level 8 skier or higher	This is a weekend-only program that has a curriculum similar to the U12 Travel Comp team. It includes all-around skill building through skiing moguls, powder, steeps and some Slalom and Giant Slalom gates. Three local Roaring Fork Valley races are included.	Dryland Training: Nov. 1–17 – Tues. and Thurs 3:30 to 5 PM On-Snow Training [Weekends]: Dec. 3 to Mar. 12 - 9AM to 3PM	On or before Sept. 30: \$2,060 After Sept. 30: \$2,275 AVSC Cost: \$2,875	Plus \$275 Parent Work Deposit
Alpine Three Days a Week: Local Comps [Weekday & Weekend]	Ages 8-15 [Born 2001-2008] *Must be Level 8 skier or higher	This program meets three days a week and is available to U10 through U16 athletes. It includes all around skill building through skiing moguls, powder, steeps and some Slalom and Giant Slalom gates. Three local Roaring Fork Valley races are included.	Dryland Training: Nov. 1–17 – Tues. and Thurs. - 3:30 to 5PM On-Snow Training [Weekends]: Dec. 3 to Mar. 26 - 9AM to 3PM On-Snow Training [After School]: Wed. – Dec. 7 – Mar. 22 - 2 to 5PM	On or before Sept. 30: \$2,575 After Sept. 30: \$2,825 AVSC Cost: \$3,575	Plus \$275 Parent Work Deposit
U12: Travel Comps	Ages 10-11 [Born 2005-2006] *Must be Level 8 skier or higher	This program is designed to develop all-around skiers. Ski moguls, jumps, powder, steeps, tackle Slalom and Giant Slalom gates and go for speed in Super-G and Downhill. The U12 Comp team competes in the local Roaring Fork Series and other out of town USSA Events. Program price includes Speed and Spring Camps.	Dryland Training: Nov. 1–17 – Tues. and Thurs. - 3:30 to 5PM On-Snow Training [Weekends]: Dec. 3 – Mar. 26 - 9AM to 3PM On-Snow Training [After School]: Tue., Wed., and Thu. - Dec. 6 (weather permitting) – Mar. 23 - after school to 5PM	On or before Sept. 30: \$2,895 After Sept. 30: \$3,175 AVSC Cost: \$4,050	Plus \$275 Parent Work Deposit
U14: Travel Comps	Ages 12-13 [Born 2003-2004]	Move up from U12 Weekend or Comp or get a good start if you are new to racing. U14 athletes learn to excel in all aspects of skiing, from steeps and deep to top-level racing. U14 athletes compete in both away USSA races, and the Roaring Fork Series. Optional November on-snow camps are available. A USSA license is required. Price includes Speed and Spring Camps.	Dryland Training: Sept. 12 – Nov. 17 – Tue., Wed., and Thurs. - 3:30 to 5PM On-Snow Training [Weekends]: Dec. 3 – Apr. 9 On-Snow Training [After school]: Tue., Wed., and Thurs. - Dec. 6 – Apr. 6 - 2 to 5PM	On or before Sept. 1: \$3,700 After Sept. 1: \$4,075 AVSC Cost: \$5,175	Plus \$375 Parent Work Deposit
Aspen High School Team: CHSAA Comps	Enrolled in High School	In cooperation with the Aspen School District, AVSC operates training and competition programs for High School athletes. Athletes compete in all CHSAA sanctioned races. For more information, please contact Jay Maher at jmaher@aspenk12.net	Dryland Training: Nov. 1 – Nov. 17 – Tue., Wed., and Thurs. - 3:30 to 5PM On-Snow Training [Weekends]: Dec. 3 – Feb. 26 On-Snow Training [After School]: Tue., Wed., and Thurs. - Dec. 6 – Feb. 23 - 2 to 5PM	Registration throught Aspen High School Athletic Department	There is no Parent Work Deposit for this group
U16: Travel Comps	Ages 14-15 [Born 2001-2002]	U16s compete in USSA sanctioned events. A USSA competitor's license is required. The U16 program offers summer, pre-season and in-season conditioning programs as well as discipline-specific on-snow training and all-mountain directed freeskiing. AVSC's highly experienced staff is ready to help aspiring ski racers have fun and reach their goals and dreams.	Dryland Training: Aug. 1 - Nov. 17 On-Snow Training [Pre-Season Camps]: Oct. 22 – Nov. 20 On-Snow Training [Weekends]: Nov. 26 – Apr. 9 On-Snow Training [After School]: Tue., Wed., and Thurs. - Nov. 29 – Apr. 6 - 2 to 5PM	On or before Sept. 1: \$4,850 After Sept. 1: \$5,325 AVSC Cost: \$6,800	Plus \$475 Parent Work Deposit
U19/U21: Travel Comps	Ages 16-20 [Enrolled in High School]	Athletes compete in FIS/USSA events. FIS and USSA licenses are required. This program will have pre-season November camps available at an additional cost and will begin training locally as soon as snow depth permits. Athletes should have a passport.	Dryland Training [Year-round] On-Snow Training [Pre-Season Camps]: Based on area snow conditions targeting the period of Oct. 22 – Nov. 20. Local training will be weather dependent. On-Snow Training [Weekends]: Nov. 26 - Apr. 9 On-Snow Training [After school]: Tue., Wed., Thurs. and Fri. (Varies) - Nov. 29 – Apr. 6	On or before Sept. 1: \$6,195 After Sept. 1: \$6,825 AVSC Cost: \$8,675	Plus \$575 Parent Work Deposit
Post-Graduate: Travel Comps	Ages 18 and older [High School Diploma]	This program is for athletes who have graduated from high school or college and are pursuing competition on the FIS/ FISU and NOR AM circuits. PG athletes will normally train in the morning session on-hill and have organized conditioning sessions in the afternoon with occasional double sessions on-snow. FIS/USSA licenses are required as well as a passport.	Dryland Training [Year-round] On-Snow Training Pre-Season Camps will be based on area snow conditions targeting the period of Oct. 22 – Nov. 20. Local training will be weather dependent. On-Snow Training [Weekends]: Nov. 26 - Apr. 9 On-Snow Training [Mornings]: Tue., Wed., Thurs. and Fri. [Varies] - Nov. 29 – Apr. 6	On or before Sept. 1: \$9,000 After Sept. 1: \$9,900 AVSC Cost: \$12,600	There is no Parent Work Deposit for this group.

*ALPINE MASTERS PROGRAM: Please contact Alpine Program Director Johnno McBride at 205.5113 or jmcbride@teamavsc.org.

ALPINE | CAMPS

PROGRAM	AGE	DESCRIPTION	TRAINING	REGISTRATION	PARENT WORK DEPOSIT
Age Class Christmas & Spring Break Camp	Holiday Break Camp: Ages 8-13 *Must be a level 7 skier or higher	Alpine camps are a fun introduction to ski racing and a great opportunity to sample our programs in a condensed version. The camps consist of free-skiing and some Slalom and Giant Slalom training. Aspen Skiing Company lift passes are required and not included in the program cost.	Holiday Break Camp: Dec. 27-31	Christmas Break Camp: \$1100 for non-AVSC athletes \$500 for athletes already enrolled in other AVSC winter programs.	No work deposit required
	Spring Break Camp: Ages 8-13 *Must be level 7 skier or higher		Spring Break Camp: Mar. 27-31	Spring Break Camp: \$500 for non-AVSC athletes \$250 for athletes already enrolled in other AVSC winter programs.	

GET SOCIAL

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AVSC FREESTYLE/FREERIDE

AVSC Freestyle/Freeride has outstanding programs where older athletes can choose their focus in Moguls (Freestyle), Big Mountain (Freeride), Pipe & Park (Freeskiing), or a combination of disciplines. Younger athletes participate in well-rounded programs, helping them develop into strong all mountain skiers while building foundational skills for all freestyle disciplines. Whether your goal is an X Games podium and going to the Olympics, like AVSC alumni Alex Ferriera and Torin Yater-Wallace, or you want to learn new tricks in the safest ways possible, we have the program to fit your needs. Pre-Devo and Devo U10 Programs focus on all disciplines along with plenty of all mountain skiing. Devo 10-12 and Team programs are where athletes start to concentrate on specific disciplines and to qualify for higher level competitions. For more information contact Freestyle/Freeride Program Director Eric Knight at 205-5130 or eknight@teamavsc.org.



FREESTYLE/FREERIDE | COMPETITIVE PROGRAMS


PROGRAM	AGE	DESCRIPTION	TRAINING	REGISTRATION	PARENT WORK DEPOSIT
Pre-Devo: Local Comps [Weekend]	Ages 6 [First Grade] to 9 - Must be Level 7 skier or higher	Pre-Devo: This program is a bridge between Base Camp and our Alpine or Freestyle programs. It features safety, all mountain skiing, basic freestyle fundamentals and an introduction to racing. Freestyle collaborates with Alpine to offer a well-rounded experience for young skiers. Skiers are encouraged to enter 2-3 fun-focused local competitions at no additional cost. *1st year Pre-Devo athletes will have a skill evaluation day prior to the first day.	Sat. & Sun [Varies]: Dec 3, 10, 17, 18, Jan. 7, 8, 14, 21, 22, Feb. 4, 5, 11, 12, 18, 25, 26 Mar. 4 & 5	On or before Sept. 30: \$1,125 After Sept. 30: \$1,250 AVSC Cost: \$1,575	Plus \$100 Parent Work Deposit
Devo U10: Local Comps [Weekends]	Ages 7-9	Ski the whole mountain, become a better technical skier, learn about mountain safety and foundational skills for moguls, halfpipe, jump, rail progressions and more! Get started with an introduction to all elements of freestyle: Big Mountain, Moguls, Parks and Pipes in this weekend-only or 3-day program with dryland training down valley and Aspen (on our new facility) and with skiing over the holiday break. Learn about goal setting, fundamentals and showcase your skills in four local intra-club competitions at no additional cost or step up to USSA, USASA and IFSA Competitions (extra fees required).	On Snow Training: Dec. 10 - Mar 11 *X Games Weekend off	On or before Sept. 30: \$1,495 After Sept. 30: \$1,650 AVSC Cost: \$2,100	Plus \$275 Parent Work Deposit
Devo U10: Local Comps [Weekends & Weekdays]	Ages 7-9	Ski the whole mountain, become a better technical skier, learn about mountain safety and foundational skills for moguls, halfpipe, jump, rail progressions and more! Get started with an introduction to all elements of freestyle: Big Mountain, Moguls, Parks and Pipes in this weekend-only or 3-day program with dryland training down valley and Aspen (on our new facility) and with skiing over the holiday break. Learn about goal setting, fundamentals and showcase your skills in four local intra-club competitions at no additional cost or step up to USSA, USASA and IFSA Competitions (extra fees required).	Dryland Training: Program starts Oct. 17, 3 sessions each week. Mon., Wed., Fri. and Sat. [Varies] each week in Aspen and Basalt. On Snow Training: Dec. 10 - Mar 11, weekends and Wed. afternoons and many days over winter break *X Games Weekend off	On or before Sept. 30: \$2,175 After Sept. 30: \$2,400 AVSC Cost: \$3,050	Plus \$275 Parent Work Deposit
Devo 10-12: Local Comps [Weekends]	Ages 10-12	Train and compete in a discipline of choice (moguls, big mountain, halfpipe and terrain park) or do a combination. Skiers can compete in 1-6 discipline specific local and regional competitions (USASA, USSA, IFSA). Mountain safety, building technical skills, lots of all mountain skiing, and goal setting will be areas of focus. Competitions require additional fees and are not mandatory.	On-Snow Training: Program runs Nov. 26 – Mar. 15 *X Games Weekend off	On or before Sept. 30: \$1,795 After Sept. 30: \$1,975 AVSC Cost: \$2,500	Plus \$275 Parent Work Deposit
Devo 10-12: Local & Travel Comps [Weekends & Weekdays]	Ages 10-12	Train and compete in a discipline of choice (moguls, big mountain, halfpipe and terrain park) or do a combination. Skiers can compete in 1-6 discipline specific local and regional competitions (USASA, USSA, IFSA). Mountain safety, building technical skills, lots of all mountain skiing, and goal setting will be areas of focus. Competitions require additional fees and are not mandatory.	Dryland Training: Training starts Oct. 17 - Mon., Wed., some Fri. and Sat. in Aspen and Basalt. On-Snow Training: Program runs Nov. 26 – Mar. 15 with Wed. afternoons, weekends, and many winter break days *X Games Weekend off	On or before Sept. 30: \$2,425 After Sept. 30: \$2,675 AVSC Cost: \$3,400	Plus \$275 Parent Work Deposit
First Year Team: Local & Travel Comps [Weekends]	Ages 11 & Older	This program is designed for older skiers new to AVSC who wish to start with a weekend-only commitment. Skiers can select Moguls, Pipe and Park, Big Mountain or Combo (combo is a cross between the above disciplines) as areas of training and focus.	On-Snow Training: Dec. 3 – Mar. 12	On or before Sept. 30: \$1,900 After Sept. 30: \$2,100 AVSC Cost: \$2,650	Plus \$200 Parent Work Deposit
Team 1: Local & Regional Travel Comps [Weekends & Weekdays]	Ages 11 & Older	Team Program athletes choose a discipline to train and compete in: Moguls, Halfpipe, Slopestyle, Big Mountain or a Combo of disciplines with a focus on building skills in a team environment while working on qualifying for USSA Jr. Nationals, Nationals, USASA Nationals, IFSA Jr. Nationals and beyond (Dew Tour, X Games, etc.). Competitions require additional costs. *When signing up: Please pick your discipline - Pipe & Park, Moguls, Big Mountain or Combo.	Dryland Training [Preseason]: 4 sessions each week with gymnastics - starting Sept. 19 - Mar. 17 On-Snow & Dryland Training: 4 days on snow with gymnastics and conditioning sessions each week	On or before Sept. 1: \$3,295 After Sept. 2: \$3,625 AVSC Cost: \$4,625	Plus \$375 Parent Work Deposit
Team 2: National Travel Comps [Weekends & Weekdays]	Ages 12 & Older	This program is an invitational team for AVSC's highest level athletes. The season starts earlier and continues longer than Team 1 for athletes to prepare for and compete in higher level competitions. *When signing up: Please pick your discipline - Pipe & Park, Moguls, Big Mountain or Combo.	Dryland & Gymnastics Training [Preseason]: Sessions start Sept.12 - Apr. 9 On-Snow Training: 5 days a week on snow with gymnastics and conditioning sessions weekly	On or before Sept. 1: \$4,350 After Sept. 1: \$4,775 AVSC Cost: \$6,100	Plus \$575 Parent Work Deposit

FREESTYLE/FREERIDE | NON-COMPETITIVE PROGRAMS

PROGRAM	AGE	DESCRIPTION	TRAINING	REGISTRATION	PARENT WORK DEPOSIT
Total Experience All Mountains: Non-Competitive Program	Ages 11 & Older	Want to hone your ski skills and explore all of our mountains? AVSC has just the program! Total Experience All Mountains is a non-competitive 1 day a week program that combines all mountain skiing with introductions to learning basic skills in moguls, halfpipe and terrain parks with a focus on Mtn. safety and much more. This program is for skiers Level 8 and above.	Ten Saturdays: Jan. 7 – Mar. 18 *No class X Games Weekend	On or before Sept. 30: \$775 After Sept. 30: \$850 AVSC Cost: \$1,075	There is no Parent Work Deposit for this group.

AVSC NORDIC

AVSC Nordic has a rich tradition of success. Recent alumni include two U.S. National Team athletes, two Sochi Olympic team members, and hundreds of exceptional alumni. Our team programs are designed to develop, challenge, and engage athletes of all ability levels. All team programs are offered in Aspen at the Aspen High School Trails and in Carbondale at the Spring Gulch Trails. Practice days and program costs vary slightly depending on the location. For more information, contact Nordic Program Director Maria Stuber at 205-5140 mstuber@teamavsc.org.



NORDIC | COMPETITIVE PROGRAMS

PROGRAM	AGE	DESCRIPTION	TRAINING	REGISTRATION	PARENT WORK DEPOSIT
Aspen Devo Team [U14 & U12]: Local Comps	Born in 2003-2006	Based out of Aspen (AVSC Clubhouse & Aspen High School Trails), this program bridges Base Camp and the Local or National comp teams. It is designed for athletes of all ability levels. Skiers will continue to focus on fundamentals and fun, and will be introduced to racing and goal setting practices.	Dryland & On-Snow Training [Weekdays & Weekends]: Mon., Wed., Fri., and several weekends. This program runs Nov. 7 - Mar. 11.	On or before Sept. 30: \$1,125 After Sept. 30: \$1,240 AVSC Cost: \$1,575	Plus \$250 Parent Work Deposit and Uniform [if not purchased last season]
Carbondale Devo Team [U14 & U12]: Local Comps	Born in 2003-2006	Based out of Carbondale (Spring Gulch Trails), this program bridges Base Camp and the Local or National comp teams. It is designed for athletes of all ability levels. Skiers will continue to focus on fundamentals and fun, and will be introduced to racing and goal setting practices.	Dryland & On-Snow Training [Weekdays & Weekends]: Mon., Wed., Fri. and several weekends. This program runs Nov. 7 - Mar. 11.	On or before Sept. 30: \$1,125 After Sept. 30: \$1,240 AVSC Cost: \$1,575	Plus \$150 Parent Work Deposit and Uniform [if not purchased last season]
Aspen Local Comp Team: Local & CHSAA Comps	Must be in High School	Based out of Aspen (AVSC Clubhouse & Aspen High School Trails), the Local Comp Team is geared towards High School athletes with a focus on training, skills, racing, and fun. Athletes of all abilities are welcome in this program. However, Local Comp skiers must participate in all CHSAA races. High School athletic fees are not included in the cost of this program and are a required additional expense.	Dryland & On-Snow Training [Weekdays & Weekends]: 4 or 5 weekdays and several weekends. This Program runs Oct. 24 to Mar. 11.	On or before Sept. 1: \$1,210 After Sept. 1: \$1,330 AVSC Cost: \$1,825	Plus \$275 Parent Work Deposit and Uniform [if not purchased last season]
Carbondale Local Comp Team: Local & CHSAA Comps	Must be in High School	Based out of Carbondale (Spring Gulch Trails), the Local Comp Team is geared towards High School athletes with a focus on training, skills, racing, and fun. Athletes of all abilities are welcome in this program. However, Local Comp skiers must participate in all CHSAA races. High School athletic fees are not included in the cost of this program and are a required additional expense.	Dryland & On-Snow Training [Weekdays & Weekends]: 4 or 5 weekdays and several weekends. This program runs Oct. 24 to Mar. 11.	On or before Sept. 1: \$1,210 After Sept. 1: \$1,330 AVSC Cost: \$1,825	Plus \$150 Parent Work Deposit and Uniform [if not purchased last season]
National Comp Team: Travel Comps	Born in 1997-2002 [U16, U18, U20]	The National Comp Team is an invitational program for experienced Nordic skiers who have excellent work ethic and a desire to pursue excellence in Nordic skiing. All National Comp athletes are expected to compete in all Rocky Mountain Nordic (RMN) Junior National Qualifier races and participate in summer dryland training whenever possible. The National Comp team training program is designed to help athletes reach the highest possible levels of competition. National Comp Team athletes will receive an individualized and periodized year-round training plan. Character, sportsmanship, work ethic, leadership, and inclusion will be an important part of the curriculum.	Dryland & On-Snow Training [Year Round (except spring)]: Days will vary. Athletes should look at this as a six days/ week training commitment.	On or before Sept 1: \$3,195 After Sept 1: \$3,525 AVSC Cost: \$4,475	Plus \$300 Parent Work Deposit and Uniform [if not purchased last season]

NORDIC | ADULT PROGRAMS

PROGRAM	AGE	DESCRIPTION	TRAINING	REGISTRATION	PARENT WORK DEPOSIT
Aspen Adult Team: Recreational Program	No requirement	Based out of Aspen (AVSC Clubhouse & Aspen High School Trails), the Adult Team is a group of community members who love cross country skiing, want to give back to the sport and see it grow. Join the team behind the team! This program is perfect for AVSC parents who what to learn to ski or improve so they can take advantage of all the awesome trails they visit while traveling to watch their kids race. Members can be purely recreational, training to complete an event, or pursuing age group success. This program focuses on building a fun, social and inclusive Nordic community. Show your support of Nordic skiing in the Roaring Fork Valley by joining our club at the adult level!	On-Snow Training [Weekdays]: Mon., 11:30AM-1:00PM, Dec. 5 to Feb. 13.	On or before Oct. 31: \$500 After Oct. 31: \$600	N/A
Carbondale Adult Team: Recreational Program	No requirement	Based out of Carbondale (Spring Gulch Trails), the Adult Team is a group of community members who love cross country skiing, want to give back to the sport and see it grow. Join the team behind the team! This program is perfect for AVSC parents who what to learn to ski or improve so they can take advantage of all the awesome trails they visit while traveling to watch their kids race. Members can be purely recreational, training to complete an event, or pursuing age group success. This program focuses on building a fun, social and inclusive Nordic community. Show your support of Nordic skiing in the Roaring Fork Valley by joining our club at the adult level!	On-Snow Training [Weekdays]: Wed., 4:30 to 6:00PM, Dec. 7 to Feb. 15. Headlamps recommended in Dec. *No practice the week of Christmas	On or before Oct. 31: \$500 After Oct. 31: \$600	N/A

FIVETREES

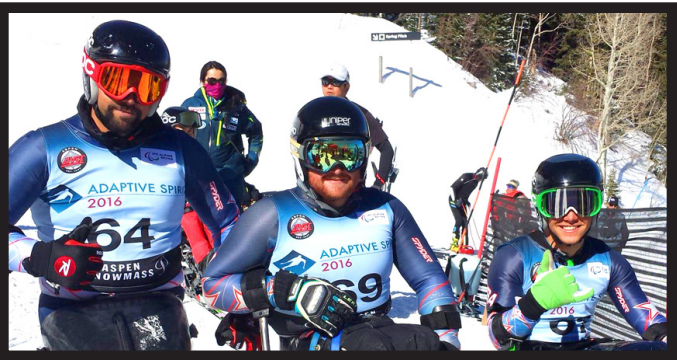
FiveTrees Metropolitan District. AVSC, its athletes and supporters wish to acknowledge that use of this lift is funded in large part by contributions from FiveTrees. Thank You!

The FiveTrees Lift is a private lift owned by the



AVSC ADAPTIVE

AVSC Adaptive is a unique full-time training program for athletes in the Paralympic Alpine skiing pipeline. AVSC Adaptive is the first Paralympic Adaptive Program to integrate with a current USSA Club to create a high-level competition program. AVSC recruits, trains, develops and supports the best adaptive ski racers in the country. Athletes live and train in Aspen, Colorado - competing in national and international events, including the Paralympics and World Championships. For more information or to get involved, contact Adaptive Program Director Jonathan Mika at 429-8324 or jmika@teamavsc.org.

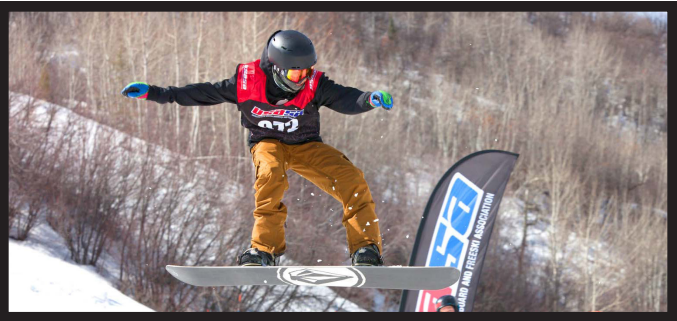


NATIONAL COUNCIL

National Council is AVSC's yearly support group allowing us to plan and dream for the future while supporting the kids in need today. We invite you to share in the joy of knowing that your contribution is making a powerful impact on the lives of children in the Roaring Fork Valley. Have fun while connecting with the AVSC community. For more information, please contact Barbara Frank at 205.5102 or visit teamavsc.org.

AVSC SNOWBOARD

AVSC Snowboard is a multi-tiered program for riders wishing to improve their skills with commitment levels that fit their needs. AVSC's professional coaches teach athletes all mountain and park riding skills in a goal oriented, team environment. Devo 1 through Team programs will compete in competitions with additional fees for membership and registration. For more information, please contact Snowboard Program Director, Miah Wheeler at 205-5150 or mwheeler@teamavsc.org.



SNOWBOARD | COMPETITIVE PROGRAMS

PROGRAM	AGE	DESCRIPTION	TRAINING	REGISTRATION	PARENT WORK DEPOSIT
Pre-Devo: Local Comps	1st Grade - 10 years old	Pre-Devo is the bridge between Base Camp and the Devo Snowboard programs which feature team building, basic foundation skills, mountain safety and an introduction to all disciplines of snowboarding (halfpipe, slopestyle, boardercross, and racing) under the supervision of AVSC's professional coaches. Throughout the season, athletes will participate in 2-3 fun focused competitions.	Sat. & some Sun.: Dec 4,10,17,18 Jan. 7,8,14,15,21 Feb. 4,5,11,18,19, 25 Mar. 4 & 5.	On or before Sept. 30: \$1,125 After Sept. 30: \$1,250 AVSC Cost: \$1,575	Plus \$100 Parent Work Deposit
Devo 1: Local Comps	Ages 8-12	Experience more riding in a team environment with this program. Devo 1 emphasizes fundamental riding skills, mountain awareness, and positive team spirit. Learn free-riding, basic racing, boardercross, terrain park and halfpipe skills. Athletes will be introduced to all disciplines in local competitions.	Weekends and Selected Holidays: Dec. 10 – Mar. 5 * X Games Weekend off.	On or before Sept. 30: \$1,575 After Sept. 30: \$1,725 AVSC Cost: \$2,200	Plus \$275 Parent Work Deposit
Devo 2: Local Comps	Ages 8-12	Step up to the next level! Alpine, freestyle, big mountain and boardercross techniques, tactics and strategies are all covered. Goal setting, visualization techniques, training and competition are all a part of this program. Athletes compete in USASA series events and may qualify for USASA Nationals.	Dryland [After School]: Mon., Wed., some Fri. and Sat. in Aspen and Basalt starts Oct. 17	On or before Sept. 30: \$2,425 After Sept. 30: \$2,675 AVSC Cost: \$3,400	Plus \$275 Parent Work Deposit
Team 1: Local & Travel Comps	Ages 11 & Older	Team 1 is part of a two-tiered program for riders with a commitment to regional and national, level goals. AVSC's experienced coaches will help athletes set goals and have milestone meetings during the season to assess and evaluate their progress. On-snow training emphasizes technique, tactics, strategy, and mental readiness. Winter training is held on weekdays, weekends and holidays. Program fees do not include competition travel costs or costs for USASA registration.	Dryland [After School]: Mon. through Thurs. and Gymnastics starting Sept. 19 On-Snow [Preseason]: On hill starts Nov. 27- Mar. 25	On or before Sept. 1: \$3,600 After Sept. 1: \$3,950 AVSC Cost: \$5,050	Plus \$375 Parent Work Deposit
Team 2: Local & Travel Comps	Ages 11 & Older	Team 2 is part of a two-tiered program for riders with a commitment to regional, national, World Cup and Olympic level goals. AVSC's experienced coaches will help athletes set goals and have milestone meetings during the season to assess and evaluate their progress. On-snow training emphasizes technique, tactics, strategy, and mental readiness. Winter training is held on weekdays, weekends and holidays. Program fees do not include competition travel costs or costs for USASA registration.	Dryland [After School]: Mon. through Thurs. starting Sept. 12 with some weekends and gymnastics On-Snow Preseason Dates: TBA - On snow starts Nov. 27- USASA National Championships	On or before Sept. 1: \$4,495 After Sept. 1: \$4950 AVSC Cost: \$6,300	Plus \$575 Parent Work Deposit

*SNOWBOARD MASTERS PROGRAM: Please contact Snowboard Program Director Miah Wheeler at 205.5150 or mwheeler@teamavsc.org



DREAMS DO COME TRUE

Each season over 700 local participants receive scholarships. The impact is undeniable! AVSC builds strong, diverse teams, friendships, and communities. Last season we had to turn kids away after all our donations had been allocated - we can't let this happen. Donate to Child in Need when you register and support the AVSC scholarship program.



DID YOU KNOW: IN 2000, THANKS TO A GENEROUS GIFT OF LAND FROM TOM AND CAROLYN MOORE, AND WITH COMMUNITY SUPPORT, AVSC MOVED INTO ITS NEW HOME BEHIND ASPEN HIGH SCHOOL.

