



# Aspen Valley Ski and Snowboard Club

## Crossover Snowboarding

### 2016 Winter Season

**When:** Sunday February 28 March 6, 13

**Where:** Main Buttermilk Base Area  
by the base of the Panda Peak lift

**Times:** 9:30am to 3:00pm  
Be ready to Snowboard at 9:30am. Pros will be at "line up" by 9:15 am  
Parents, you can pickup your child at 3:00pm at the meeting area.

<b>PLEASE BE <u>ON TIME</u> FOR THE FIRST DAY OF PROGRAM TO ENSURE A SMOOTH PROCESS</b>
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**Clothing:** **\*\*Helmets are required for all participants\*\***  
Helmet, neck gator, waterproof pants, jacket, and gloves or mittens  
Sun screen and Lip balm. Don't forget eye protection. Bring sunglasses or goggles, goggles are preferred-weather conditions can change quickly!

**Equipment:** **Bring your snowboard-wear your boots – you can rent at Gene Taylor Sports, or Four Mountain Sports, but please arrange these rentals before the first day or come early (at least half an hour) to rent at Buttermilk.**  
**\*\*Wrist Guards are highly recommended \*\***

**Lunch Money:** **\$12.00 Each Day**  
**PLEASE give your child exact change! This makes your ski pros life a LOT easier!**  
Please note: If you want to pack a lunch for your child they must be able to carry it with them while in lessons. A fanny pack works well for this.

**Lift Tickets:** **Season Pass or Daily Ticket**  
Students must have a season pass or let us know if you need a daily lift ticket. Don't forget to bring your pass every Sunday. If you do forget it let your Ski/Snowboard Pro know right away. The Aspen Skiing Company will only issue one replacement ticket per child, per season.

**Parking:** **All Day Free Parking is Available at Buttermilk**  
Remember that spaces are limited

**The Aspen Valley Ski and Snowboard Club welcomes all  
Crossovers to the joys of snowboarding!**

Trish Shepard  
AVSC Base Camp Director  
205-5160  
[tshepard@teamavsc.org](mailto:tshepard@teamavsc.org)

## **Parking Information – Buttermilk**

Be aware that Buttermilk will still be tearing down the X-Games during the first few AVSC program days. To ensure your safety navigating through the parking lot, please take note of the following guidelines.

### **For drop off only:**

Enter the lot through the entrance located closest to highway 82 and continue straight ahead up to the Hideout. A parking attendant will direct you to the 30 minute lot. All vehicles must pull into a parking space. No vehicles will be allowed to stop in the traffic lane or in front of the Hideout. Remember, this is for your child's safety and also to prevent traffic jams.

### **For all day parking:**

There is limited all day free parking at Buttermilk. Enter the lot through the entrance located closest to highway 82. But remember the spaces are very limited, especially on the first program weekend. If you want to stay all day it is best to take public transportation.

Please think safety first as you travel through the Buttermilk parking lot and respect the parking attendants as they direct you. It is very important that you stay to the areas cleared for AVSC use.

Any questions, please call Base Camp Director Trish Shepard on 205 5160 or email [tshepard@teamavsc.org](mailto:tshepard@teamavsc.org)

# Aspen Valley Ski and Snowboard Club

## Control List: Are you prepared for the mountain?

### Clothes:

- ☐ **Exterior Clothes:** pants, jacket, gloves and neck gator (jackets must be waterproof and warm).
- ☐ **Eye protection:** Goggles or sunglasses – goggles are preferred as weather can change quickly!
- ☐ Sun protection: Sunscreen for face and lips (even on a cloudy day!)
- ☐ **\*\* All participants MUST have a helmet. Helmets are mandatory for AVSC participants!\*\***

### Equipment:

- ☐ **Bring your snowboard or your skis – have your boots on!**
- ☐ *Skiers: Do not forget your ski poles! (Except beginners)*
- ☐ *Snowboarders: have your bindings attached to your board. We highly recommend wristguards for beginners!*

(equipment should be between the chin and the nose)

## **Lift pass: Please bring your full season pass or let the instructor know you will need a day pass– have this in left jacket pocket**

- ☐ Do not forget to bring your ski pass. If you do forget, tell your instructor straight away. Aspen Skiing Company only issue one free replacement pass, per person, per season.

**\*\*If you do not have your pass, please take your AVSC pass voucher to any Aspen Skiing Company Ticketing Office and get your photo taken and your pass.**

### Questions?

Trish Shepard 205-5160 [tshepard@teamavsc.org](mailto:tshepard@teamavsc.org)  
Cecilia 205-5161 (se habla español)

# Ski and Snowboard Schools of Aspen Ability Levels

## Skiing

### Level 1

I have never skied

### Level 2

I've just learned to make a beginner's turn. It's rough but I can manage. I feel ready to ride the chairlift.

### Level 3

I can link turns without stopping. I feel good on the chairlift and easy green terrain.

### Level 4

I'm keeping my skis parallel at the end of the turn with some skidding. I am comfortable on most green terrain and may be ready to try some easy blue runs.

### Level 5

My turns are rhythmic and my skis are usually parallel throughout the turn. I feel comfortable on all green and some blue runs.

### Level 6

I am confident on most groomed blue terrain and ready to explore some groomed blacks. My skis are always parallel.

### Level 7

I am making reliable linked parallel turns with my poles on all blue runs, but need work on controlling my speed. Black runs are okay when they are groomed.

### Level 8

I ski blue bumps and groomed blacks, but no double blacks (yet). I am linking short-radius turns in the fall line. I can ski advanced terrain on all four mountains.

### Level 9

Blacks are a piece of cake: I am working on tactics and lines in extreme terrain.

### Level 10

In your dreams! Please see human resources for a ski pro application.

## Snowboard

### Level 1

I have never snowboarded.

### Level 2

I can slide across the hill both ways and stop. I'm starting to get the hang of this. I can ride a chairlift.

### Level 3

I can control my speed and direction while moving across the hill and am starting to turn.

### Level 4

I can turn in both directions and am starting to link my turns.

### Level 5

I am linking skidded turns while controlling my speed and starting to try blue terrain.

### Level 6

I am confident on most blue terrain under good conditions. I am beginning to carve my turns or ride switch (the opposite direction).

### Level 7

I am fine tuning dynamic turns and seek more challenging situations, including riding bumps, riding switch and dealing with varying snow conditions.

### Level 8

I am confident performing dynamic turns, riding switch and exploring techniques in all snow conditions, terrain, pipes and parks.

### Level 9

I can ride the entire mountain with confidence and ease. I am working on tactics and new moves in extreme terrain, pipes and parks.

### Level 10

Prove it! Then register for the X-Games in Aspen.